

DISTRESS AT SEA

In a life-threatening situation:

e.g. Fire, explosion, sinking, pirate invasion, severe medical condition, person overboard, etc...follow **MAYDAY** procedures.

In non life-threatening situation:

e.g. Engines won't start, rigging failure, someone ill but not life or death situation, send **PAN PAN** call.

MAYDAY

Activate EPIRB - Tune VHF radio to channel 16

Push red "DSC" (Digital Select Calling) button if available. When properly registered with MMSI number (Maritime Mobile Service Identity,) it will notify Coast Guard and other boats in the area.

Press talk button and say:

1. MAYDAY! MAYDAY! MAYDAY!
2. This is [your name] on the [vessel name x 3]
3. (Release microphone button for a moment; then press again)
4. MAYDAY! The vessel [vessel name] is located [current position, speed and bearing]
5. We are a [motor boat etc..with length and color] experiencing [describe distress situation] and are in the need of immediate assistance.
6. There are [number of people] on board with [injuries or additional information].
7. (If applicable) We are getting our life raft and ditch bag ready to deploy.
8. This is [vessel name] Over!
9. (Let go of talk button. Repeat call after 15 seconds if no response.)
10. While waiting, put on lift jackets, prepare as needed.
11. Listen if asked by Coast Guard to switch channels.

PAN PAN

1. PAN, PAN PAN, PAN PAN, PAN, PAN
2. (Provide vessel's name)
3. (State your position)
4. (Give nature of problem)
5. (state intended action)
6. "Over" (release talk button)
7. (Wait for instructions)
8. (Repeat in a few minutes if no response)

EMERGENCY EQUIPMENT

EPIRB
RAFT
LIFE JACKETS, type 1 w/whistle
FIRE BLANKET

DITCH BAG RECOMMENDATIONS

EPIRB, flares, SOS Electronic Visual Distress (as additional flares), waterproof first aid kit, nylon rope, signal horn, chap stick, sunscreen, razor blade knife, flash light, GPS, VHF handheld radio, batteries, signal flag, seasickness tablets, water, and last but not least toilet paper.